

DIRECTIONS FOR USE - *SUNVOLLEY LC*

PARTS

- 1 carry bag
- 1 net
- 2 bottom part of the pole (ø 32 mm) with 5 holes for different heights
243 (men), 230, 224 (ladies), 215, 210 (mini)
- 2 middle part of the pole (ø 28 mm)
- 2 upper part of the pole (ø 32 mm)
- 2 ground plates for the poles
- 4 ground stakes for poles
- Eventually put a hammer in the bag

HOW TO PUT UP THE SYSTEM

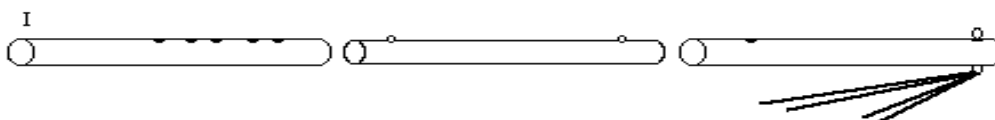
The system is designed to be used on grass. If used on sand, the sand anchors of the SUNVOLLEY sand kit should be used instead of the ground stakes. It is naturally easier and faster to put up the system with two or more people, but one person alone can also do it.

Marking out the court

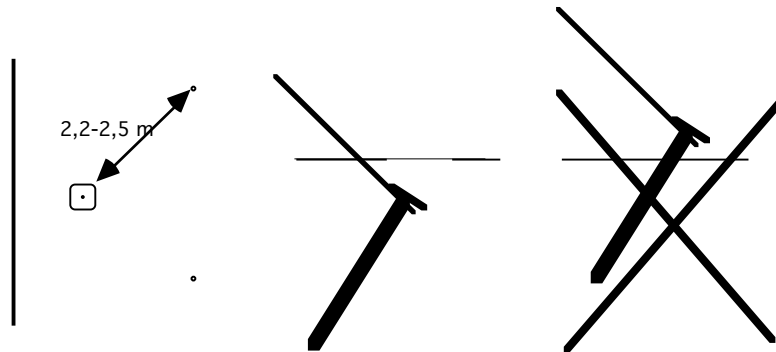
1. Mark out the court – 9m x 18m if you have a 9,5m net, maximum 6m x 12m if you have a 6m net. If you have a SUNVOLLEY boundary, use the relevant directions for use.

Putting up the poles

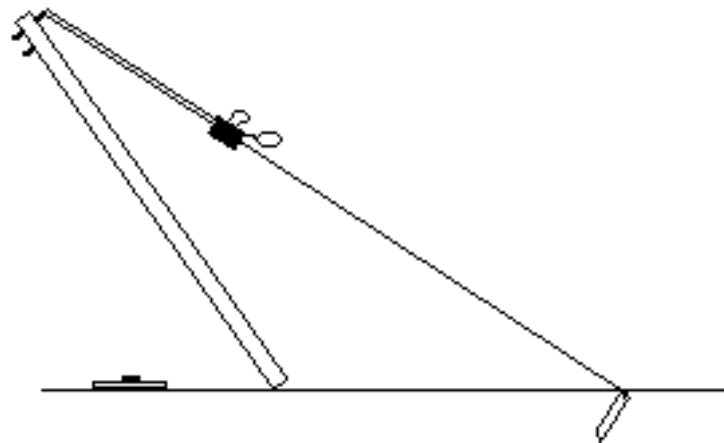
2. Open the net. Put the net on the ground where you want to put it up later on. Use the net rope to measure the necessary distance between the two ground plates. Press a ground plate into the ground on the two ends of the net rope.
3. Put the poles together as shown. Set the desired height with the lower parts of the poles. Top height for men.
Set the desired height only when ropes are not under tension!!!
Otherwise you might get hurt between the bottom and the upper part of the pole.



4. Put the poles to the ground plates. Hammer the ground stakes into the ground in about the distance of the length of one pole. To eliminate the risk of injuries hammer the stakes completely into the ground after you have put the guy ropes around. An optimum of stability of the system can only be assured if the stakes are completely sunk into the ground.

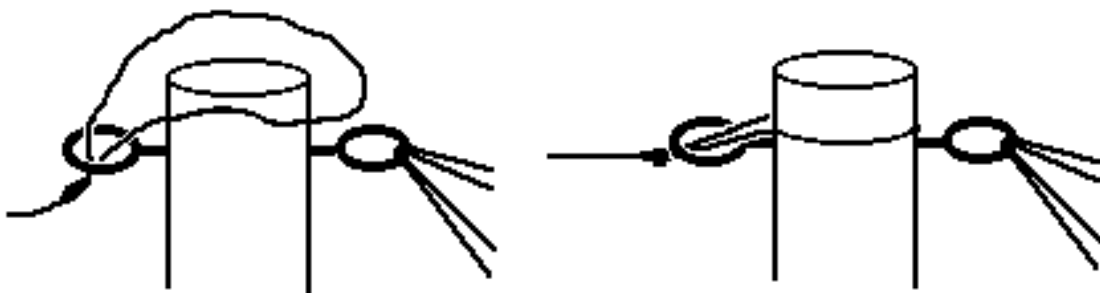


5. Put the guy rope into the attached clamcleats. Do not yet put the pole on the ground plate but in a position as shown below. In this position you can easily put the net ropes into the rings. **Set the desired height only when ropes are not under tension!!!**



How to put up and tighten the net

6. Put the loop of the net rope on the pole as shown.



7. Place the poles on the ground plates. Put the poles in a vertical position by tightening the guy ropes. If necessary, you will have to move the ground plates and / or make an additional loop to shorten the long net rope. Watch out that the guy ropes do not cross each other on the ring.
8. Put the side ropes around the poles and make a knot. Make sure the net has about the same distance to both poles.
9. Check net tension and the ground stakes after a while and retighten if necessary.

STORAGE AND MAINTENANCE

- Clean ground stakes and ground plates after use.
- The volleyball system should be stored in a dry environment.
- If used intensively, the guy ropes should be checked after 2 years.